

## DIY ASHES RITUAL

Set the tone by playing soft and meaningful music. Invite participants to write down things that make them feel sad, broken, or hopeless on strips of paper. Spend the necessary amount of time to do this. Place the strips of paper in the large fireproof container outside in a well-ventilated area.

*Pray: God, we give to you all that makes us feel broken, afraid, sad, and hopeless. You are God, we are not, and we remember that today.*

Set the paper on fire, and watch the paper burn into ash. As the ashes cool, mix in a few drops of olive oil and mix with a fork.

*Pray: God, we thank you for these ashes. May they remind us that from dust we came, and to dust we will return.*

Impose ashes upon foreheads or hands.

Say together: *In Jesus' name, we are forgiven. Amen.*

### YOU WILL NEED:

- Strips of paper
- Pen
- Large fireproof container
- Lighter or match
- Olive oil

